



20 June 2015

Celebrating
35 years
of hashing



Born
to be **wild**

Since 21 June 1980

On On !!!



35th ANNIVERSARY COMMITTEE



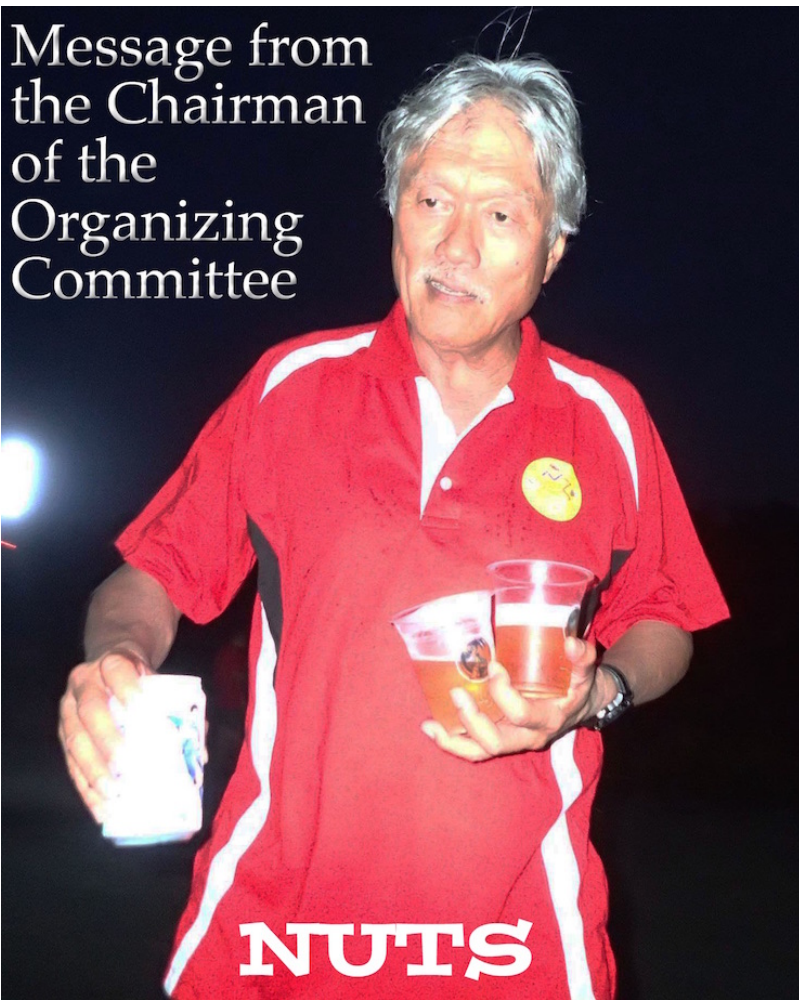
GRANDMASTER : HORNBILL
JOINT MASTER 1 : CREAM PUFF
JOINT MASTER 2 : KRETAPI
HON SECRETARY : UP YOURS
ASST HON SEC : PUTIN PUSSY
THE SWEEP : LOLLY DICK

HASH CASH
ASST HASH CASH
INTERHASH SEC
THE WHIP
HASHBREW
HASH BARD

PINK HOLE NINJA
SUKU
POPEYE
TODDY MAMA
KOON TE
PALE RIDER



Message from
the Chairman
of the
Organizing
Committee



Fellow hashers,

Today is our big day. June 21st 2015 happens to fall on a weekend so we have no excuse not to have an event to commemorate the 35th anniversary of our Seletar Hash House Harriers.

As the new committee took over only at the beginning of February,

a sub-committee had to be assembled hastily to organize this major event in less than five months.

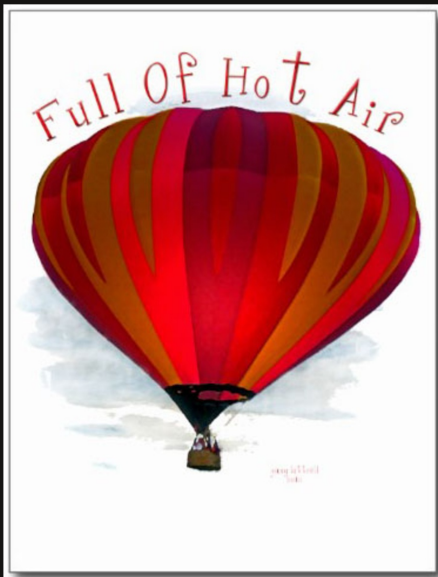
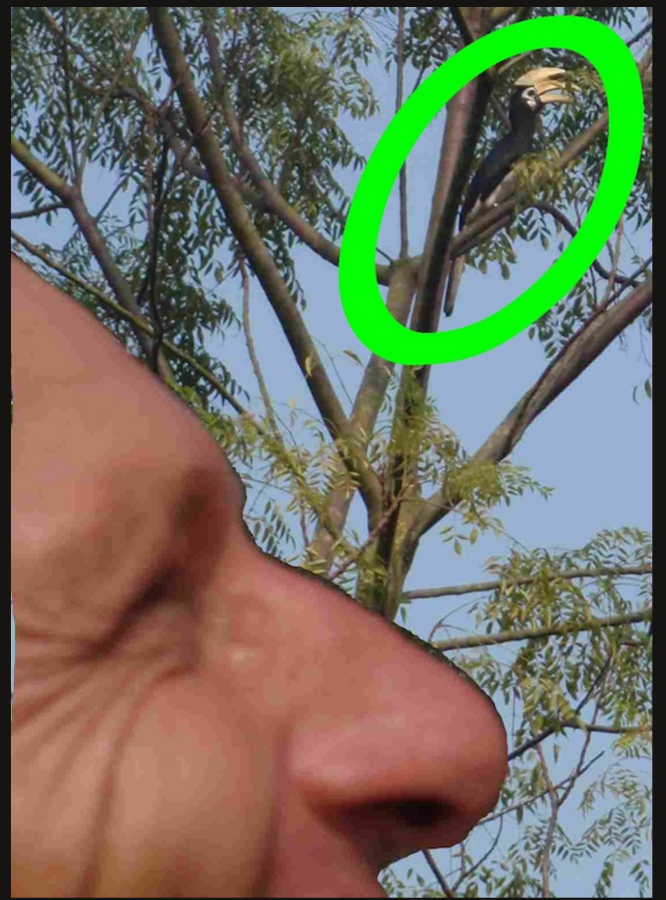
We welcome all our fellow hashers from near and far. Our past celebration runs were preambles of other bigger events such as the interhash in Australia, Malaysia and New Zealand. Through the hard work of my fellow committee members, we are proud to finally put together a memorable event for all of you to enjoy. Not only are we born guzzlers, we are also born to be wild, which incidentally is the theme of our celebration run.

Join us and let your hair down, and be a little bit wild on the side.

On On



Seletar Wanker's
OFFICIAL AIRLINE





Déjà vu! It's like yesterday, when I had the privilege to assist our then Chief Slave Master Toddy Mama and his team to organize our 25th celebrations. We celebrated this at Echo Valley from 24th - 25th June 2005 - And what a PARTY it was, I still haven't sobered up from it !

10 years later, with the 30th Do in-between and still none the wiser, we do it again !

On behalf of SHHH, a warm welcome to all Harriets, Hashmen, fellow chapters and friends of the Hash to the Guzzler's 35th Birthday

Bash - May the Grandmaster and all Hashmen above, look kindly upon us.

True to our nature, we have pulled no punches to entertain you the SELETAR style! Enjoy the Runs, Food, Drink, Entertainment and above all, the Camaraderie and Warmth that you all bring to our event and that makes hashing so wonderfully enjoyable. My thanks go out to Slave Master Nuts and his committee of ex-Seletar Grandmasters who have worked tirelessly through many evenings (no doubt supported by copious amounts of amber liquid) to put this event together - Hip Hip Hurray !

And thanks to Pink Pussy & Up Yours and the many, many generous contributors, financially and editorially, who made this magazine you are holding in your hands possible.

But my biggest THANK YOU & gratitude go to my fellow Seletar Hashmen, without You, I wouldn't be the man I am. And without You we would not be here to celebrate this milestone. Life certainly would be much more boring would it not be for You illustrious, irresponsible, but wonderfully supportive & kind drunkards !

Let's celebrate! Down Down and On On to the next 35 years !

P.S.: The next 35 years certainly will be interesting, SELETAR finally discarded prejudices and all senses and elected me as their the first Kwailoh Grandmaster - Long live the " I LOVE KWAILOHS " committee !



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Consequences Of joining SELETAR

As a new member of the club being given the privilege of putting together this magazine, I thought I should deviate from the usual " Editor's Say " and instead share with you my experience and lessons learned with Seletar HHH.

1. Things are not always what they seem

On an evening in early June 2011, I was having a drink at the Cricket Club, when POPEYE and PALE RIDER joined me. Soon they were bragging of this splendid exclusive club, where for a small \$25 fee, one could enjoy a free flow alcohol buffet, with food & entertainment thrown in. Sounds almost too good to be true. Convinced by the ' Spinach Committee ', I went for a run and it was even better than expected.

The run at Clementi Woods (# 1688 7/6/2011) took me through the hills, jungles & longkangs of NUS and although I studied in this University, I've never been to such places what an eye opener ! And it continued with the wine, dine & entertainment that followed.

Not only was beer supplied in unlimited quantities, shots of schnapps were offered to me and I thought they had engaged movenpick to cater the spread of German sausages and salad (generous HORNBILL and PISSMARK were the hares).

Next, the cowboy bard took out his guitar we had a CCR, Beatles etc. sing-a-long till close to midnight. Everyone was so friendly and I was hooked.

Actually, that was an exceptional run.... like being set-up in an entrapment.

Also, with privileges, there are obligations ... more than just the \$25 fee.

As we enjoy, we also need to give back and contribute to the club.

2. Must learn how to be thick-skinned

In the following month, I was assigned as co-hare with ANWAR ASSHOLE BANDIT and NO FUCK, to 'learn how to set a run'.

As it was an 'Eat-Out' run, 3 hares were permitted during the Spinach year.

Then after graduation and being awarded the 'virgin hare' red jacket, the MICRO DICK whip accused me of using pink chalk when setting the run. Despite my protestations that " I have NO FUCKING clue and just followed the ASSHOLES ", the micro-prick named me PINK PUSSY.

They told me that I could request a name change by donating crates of beer.

You must be kidding ! they will probably change the name to something like PINK CHEE-BAI and laugh that they screwed me twice. Hence, the alternative to resigning is to learn to be thick-skinned.

This was put to a test soon. Shortly after my naming ceremony, I went for a stroll in the East Coast Park with my wife. Disturbing our peace, there was a loud shout in public " Hey PINK PUSSY ! ". Turning back, I saw BILLY GOAT (BG should know better as I heard he got a lousy initial name as well) and Lily.

I was not too embarrassed, but had difficulty convincing my wife that the club was not making a fool of me. (even though they probably were).

3. Don't over-estimate your abilities

The next month (new lessons learnt every month !), I had an accident on the run. In the vicinity of Woodleigh, I somehow got separated from the pack (mistake) and found myself alone in the dark (now, I always carry a torchlight). I had to struggle through shiggy and used the wrong route under the CTE. Tired, clueless and disoriented, I fell into a drain.

I suffered an open-wound wrist fracture and was fortunate to have the sweep, FUK FUK TUK TUK, still around to help me out of the deep drain and a personal ambulance driver ... DOC CHERIAN.

I required an operation and made an accident report. The police was suspicious and I had to convince them that I was not involved in a gang fight.

My wife wasn't sympathetic and wanted me to quit the club. However, as SELETAR's insurance paid for my hospitalisation and they bribed me with a medal during D&D, I stayed on.



When UP YOURS took over as Grand Master, I was asked to take the position of Asst Hon Sec and told that it was an easy job. I was celebrating my birthday, which fell on the same day as the AGM and being in a good mood, I agreed.

I must have drank a lot that day as when giving SUMA TALAY a lift home, we were laughing in the car as we could not seem to find our way back. I was a member for less than a year and unfamiliar with Microsoft Words... what have I got myself into (only qualification ... learnt to be thick-skinned) ?

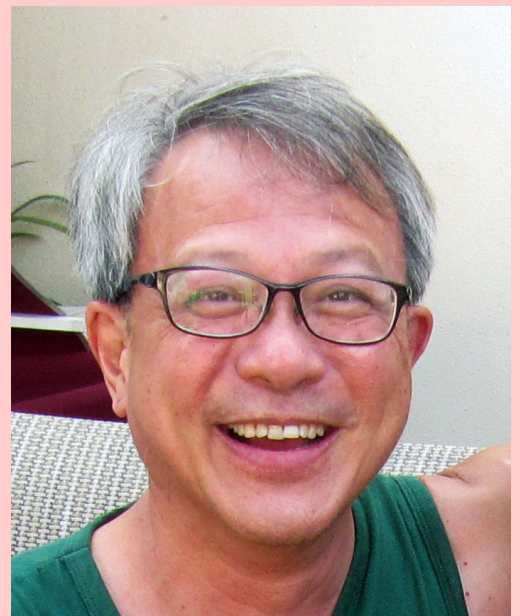
Fortunately, Hon Sec HARDCOCK carried the load ... I just enjoyed the food and drinks during Committee Meetings. I did write 2 or 3 issues of The Guzzler and picked-up enough knowledge from HARDCOCK to takeover as Hon Sec the following year. I enjoyed being Hon Sec in the BELAKANG KIRA committee so much, I agreed to continue when MUDDY DICK took over as GM.

THE CONSEQUENCES

On the positive side: I learnt Microsoft words, the program SCRIBUS and how to do video slideshows. With the effort I put into the Guzzler and the appreciation I publicized for generous hares, I believe the quality of makan improved and I got to drink lots of whiskey too.

On the negative side : When I joined, I weighed less than 65 kgs and had a 31" waist. 4 years later, I'm close to 75 kgs and struggle getting into 33" pants. Somehow, my hair has also whitened ... although I'm still having a great time.

Neutral : In Cricket club there are over a dozen ex and current Seletar members. I have more drinking companions there, but harder to return home sober..



OnOn !

The F2 group congratulates SELETAR



The Pinkies salute SELETAR H H H



on 21 June 1980
AND STILL
ROARING
AFTER 35
YEARS ...

OnOn!



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SELETAR HASH HOUSE HARRIERS's HISTORY

Where do I begin, to tell the story of how great a love can be ...
The sweet love story that is older than the sea.
The simple truth about what the club brings to me ...
Where do I start ?

Originating in 1938 (The Hash House Harriers, Selangor aka Mother Hash) and disrupted only during the World War 2, hashing arrived in Singapore in 1962 (Hash House Harriers Singapore aka Father Hash).

Father Hash ran on Mondays and grew in membership. Singaporeans after getting a taste of Hashing in Malaysia etc., applied to join HHHS Monday Hash, but Monday Hash had closed its membership and were not admitting new members. Another version, or so I heard, was that as more Chinamen and Mamas joined, some became disgruntled by being bossed around by ' too many Kwailohs '.

Anyway, in either case, due to the increased popularity of hashing in Singapore, it was felt that there was room for another chapter to be formed, to run on a different day.

And so it began, one fine day in the spring of 1980, James "Winnie the Pooh" Sando, John "Brewer" Chew, Martin " Salami Mabok" Baptist, Ang "Smoothie" Chuan Seng, Avtar "Avgas" Singh and Paul "Deep Shit" Ang, were entertaining the GM of P.J. Animals, Alex "The Bear", at the now closed Tivoli Coffee House.

Somehow the conversation turned to the subject of forming another club (THE BEAR made this suggestion).

There were mixed feelings at first, but by the time the evening ended, everyone was in general agreement.

Following that historic Tivoli meeting, things began to move fast.

A second meeting was convened in BREWER's Joo Chiat home, to form the interim committee and to decide on the club's name.

The name Seletar was chosen as most of the founders worked in the Seletar neighbourhood.

A Pro Tem committee met on 26 May 1980 in Kingsford Bar (now also closed) to plan the details of an inaugural run.

The run would be held on 21 June 1980, with Petaling Jaya, Sungei Ujong and Johor Bahru hashes invited as guests.





On the 21st June 1980 at approximately 1 pm, six hares set off to lay the run from their chosen runsite, Marsiling School. This was the largest number of hares in the history of Seletar as nothing was to be left to chance on our inaugural run.



There were approximately 40 participants including 5 from Sungai Ujong and 3 from PJ Animals.

The fun and games continued late into the night and carried on to Tivoli until 11.30 am, the next day.



Interim
Grand Master
and
Scribe

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THE INAUGURAL RUN

“Hares: J Ms. Baptist, John Chew & Paul Ang helped by Avgas and Raymond Baptist (S.U.).

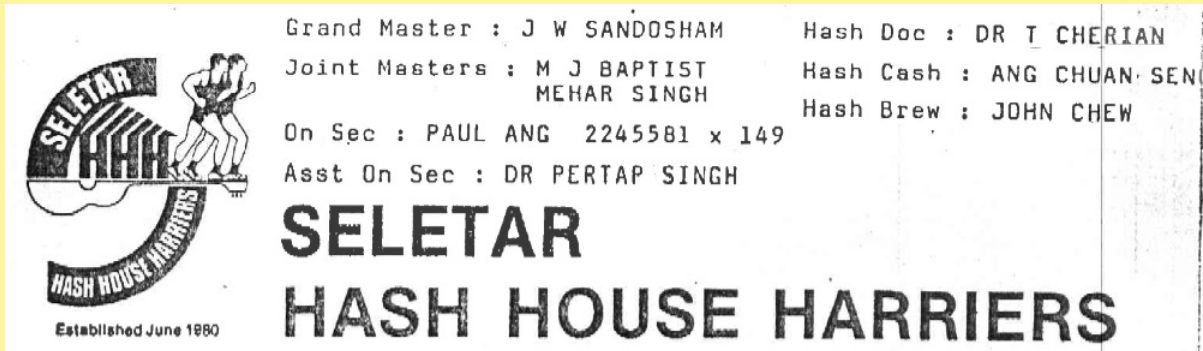
Hail! Salute! — the birth of Seletar Hash House Harriers! The No. 1 Run was certainly a memorable occasion. A number of Hashmen from Sungei Ujong, Petaling Jaya and Johor Baru showed up for this ‘celebration run’. Though the turn-out of Seletar Hashturds could have been better (where were you, Gootie), there were enough present to press on and make it an enjoyable occasion.

Marsiling School, the start point, and the villagers in the surrounding area, could never see a weirder crowd. After Grandmaster Sando had completed the opening announcements, the pack was off with James Abey setting the pace, horn in his horny hands. (For the records, the horn was donated by JM Martin Baptist) After the first check point, the pack soon found themselves in a muddy patch, surrounded by shoulder-high lallang (thanks, hares). Then came an up-hill stretch and a tricky bit of running between vegetable plots while trying not to kill the poor saplings, to the deep concern of farmers and their daughters! Some even stopped to take a quick shower at the rotating water-sprinkler! Then came the strenuous bit (for the stragglers, that is) of covering two more hills, going past farm houses and the Nan Chian Primary School (I’m sure I’ve got the spelling right). On the final home stretch, Sando gracefully allowed Grandmaster Alex of PJ to romp ahead. Ang Chuan Seng (that smooth character) and a few more were already home and on the beers by then.

The ‘On-On’ that followed saw the out-stationers winning the ‘boat’ race on a replay, and Ray Baptist from Sungei Ujong just edging Raspal for the ½ yard race. In the sing-a-long, Paul ‘Lucia’ Ang found his match in ‘Mario Marito’ Amaloo from Johor Baru (what a fine Hash singer he is!) The food for the On On was really something else, especially with Eddie’s ‘sambal blachan’ thrown in. Many thanks must go to Avtar’s wife, Belle, for her effort. The evening ended with JM John trying to ‘con’ everyone into drinking ½ yards, and our friendly Sikhs providing a cultural song/dance item. Still others found time later to hit Orchard Road. But that’s another story.”

Note that Seletar's first run on 21 June 1980 was a Saturday ! This was corrected from the 2nd run, held on Tuesday 1 July 1980 at Portsdown. Around 25 participated in this run hared by Paul " Polly Wooly " Ang and Avtar " Avgas " Singh.

The novice club was able to trash out a brief hareline (8 July run - Seletar Camp, 15 July - Choa Chu Kang Cemetery). with around 20 runners usually turning up in the early days. Progress was steady.



Our first AGM was held 4 April 1981 at Paradise Restaurant in Pasir Panjang,

where a committee was elected for the first time and our constitution passed.

The role of our Hash Brother Chapters PJ Animals and Sungei Ujong were of great significance as PJ's GM Alex the "Bear" was instrumental in getting the ball rolling and Seletar's constitution was based on Ujong's.

James Sandosham sat as the Grand Master, later given the hash name" WINNIE THE POOH ".

Finally, a year after SHHH was formed, we got our club logo.

Abtar Singh won the " Down Down " contest during the October 1982 InterHash in Jakarta, Indonesia ... hence he was given the name CHAMP, we became " The World Champ Guzzlers " and our newsletter later called " THE SELETAR GUZZLER ".

Every year, the Seletar Hash House Harriers and the PJ Animaes and the Sungei Ujong Hash House Harriers join together for a Triangular Run, taking turns to host this fun-filled event.

InterHash activities are so fun, that since 1987, SELETAR HHH joined Lion City, Johor Bahru and Tanjong Petri HHH for a Quadripartite Hash Rendezvous (QUAD RUN).



Winnie the Pooh



Champ



Amazingly, so much progress was made that after just seven years, SELETAR HASH HOUSE HARRIERS was able to organize and launch the inaugural PAN ASIA.

We can be proud of kicking off such a major InterHash event for the Asian region, which continued to be held every odd year since 1987.

CINDERELLA was the Chairman of the Organizing committee and Richard "FER" Yeo was the Grand Master that year. This auspicious event was held over 3 days at the posh Mandarin Hotel and the runsite was at Sembawang Shipyard Sports Club.



Membership at our 500th run in 1989 was around 120, with 20 members still with us on our 35th Anniversary (if you want to you know who, see below).



BABYFACE, CHAMP, CINDERELLA, DEEP HOLE, DOC CHERIAN, FLUTER, GOLDFINGER, HARSHMAN, HASH FLASHER, ICHIBAWASAN, NUTS, OPD, PALE RIDER, PERUT BESAR, POPEYE, PRESS ONCE, SAYETING, SHADES, SHORTIE ROO & TODDY MAMA

RUN	DATE	LOCATION
INAUGURAL	21-Jun-80	Marsiling
100th	15-May-82	Pasir Ris
200th	14-Apr-84	Ulu Sembawang
300th	1-Mar-86	Sembawang Shipyard
400th	5-Dec-87	Sungei Kadut
500th	14-Oct-89	Sembawang Shipyard
600th	10-Aug-91	Mandai Zoo
666th	31-Oct-92	Echo Valley
777th	12-Nov-94	Echo Valley
888th	26-Oct-96	Echo Valley
1000th	26-Sep-98	Echo Valley
1111th	21-Oct-00	Mandai Camp
1313th	16-Jun-04	Chestnut Avenue
25th B'day	24-Jun-05	Echo Valley
1500th	1-Dec-07	Echo Valley
30th B'day	26-Jun-10	Turf City

When it comes to anniversaries and special numbered runs, a gala celebration will be organized with guests from both local and overseas hash chapters invited.



2015 is notable as after 34 years, SELETAR finally discarded her prejudices and elected a Kwailoh grandmaster, HORNBILL & an " I LOVE KWAILOH " committee.

We will also be celebrating our 35th Anniversary at Turf City where all participants can expect a great run, followed by a wild " BORN TO BE WILD " party.

So, come join us on the 20th of June 2015 and make sure you get here on time !



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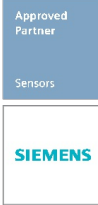
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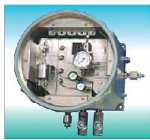
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exclusive and
exquisite
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by

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HAND
PUSSY

There were 164 members when Seletar reached her 1,000th
run & the following 53 members are still with us :

- | | |
|-----------------|--------------------|
| 01. ICHIBAWASAN | 21. WOODSTOCK |
| 02. SAYETING | 22. DEEP HOLE |
| 03. PRESS ONCE | 23. SKINNY |
| 04. SHADES | 24. KRETAPI |
| 05. TODDY MAMA | 25. HASH FLASHER |
| 06. MESSY | 26. SUMA TALAY |
| 07. POPEYE | 27. PERUT BESAR |
| 08. GOLDFINGER | 28. FORGET ME NOT |
| 09. NUTS | 29. STRAIGHT SPOUT |
| 10. PALE RIDER | 30. FLUTER |
| 11. OPD | 31. TIGHT ARSE |
| 12. CHAMP | 32. KOON TE |
| 13. SUKU | 33. TURTLE SOUP |
| 14. FIRST BLOOD | 34. NEVER COME |
| 15. CINDERELLA | 35. COOL CUMBER |
| 16. BABYFACE | 36. DOM |
| 17. HARSHMAN | 37. COOL HAND L. |
| 18. BUDGIE | 38. LOBANG |
| 19. SHORTIE ROO | 39. PRIME PRICK |
| 20. DOC | 40. ANNABELLE |



Thank you!

ANOTHER
AUCTION ?

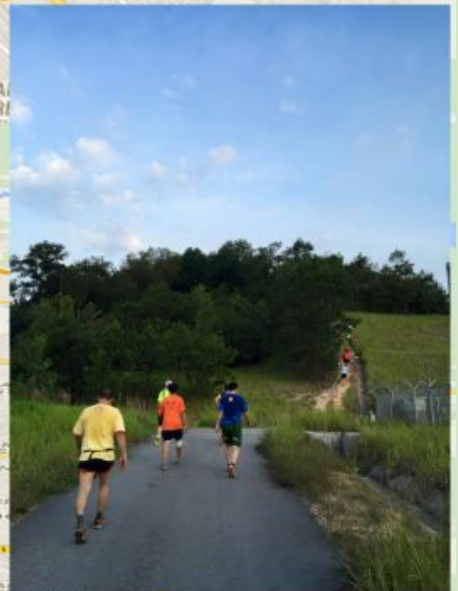
T-SHIRT OF
RUN #1069
28/12/1999

Many may perhaps
bid for this T-Shirt with
their names on it.





SUNGAI UJONG HASH HOUSE HARRIERS ALWAYS THE BEST IN THE UNIVERSE



We are a drinking club with a running problem.
Do we have a thinking problem too ?

PJ ANIMALS, SUNGEI UJONG and SELETAR are Triangular brothers and we wanted to invite our brothers to come celebrate our SG50 Dinner & Dance with us at MBS. GM HORNBILL

gave a list of 10 possible dates :

Jun 3 Jun 16 Jun 25

Jul 16 Jul 22

Aug 19 Aug 25

Sep 3 Sep 12 Sep 19

HORNBILL tells BAMBOO the month
& then whispers the day to FLOWER.

BAMBOO : " I dunno when, but 100% sure FLOWER also dunno "

FLOWER : " At first I dunno, but now I know "

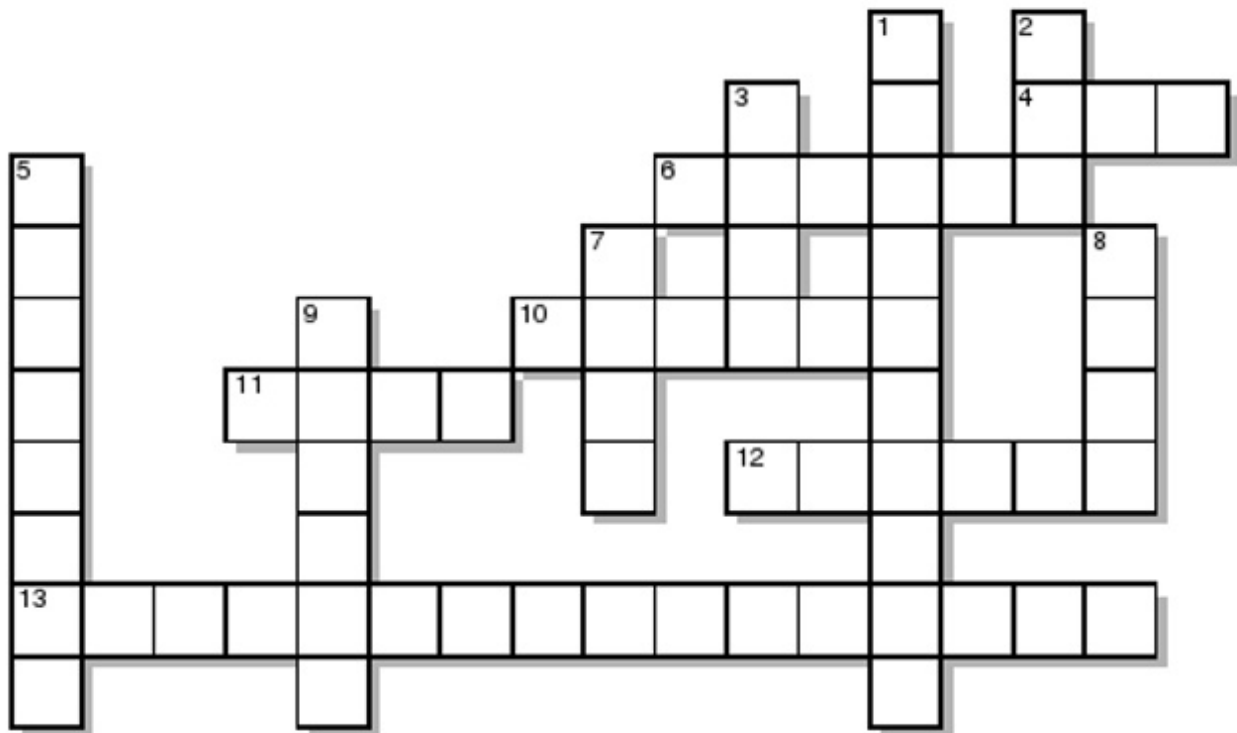
BAMBOO : " Then, I also know when to go with tuxedo to MBS "

So when is this auspicious celebration ???

WHEN IS
SHH's
FUNCTION ?

SG
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ACROSS

- 4 Also a form of retirement fund
- 6 How the British Empire was built
- 10 Alleged Founder of SH3
- 11 Mr Disciplinarian
- 12 A form of check
- 13 RA

DOWN

- 1 A Run Gone Astray
- 2 Burrrr
- 3 The first four letters of SH3's GM's name
- 5 What SH3 is also known by
- 7 Not the Seletar Hashmen!
- 8 Not a rabbit
- 9 Where things are messy

Solution in page 56

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"NUTS" on HASHING AND SINGING

Once again, I have been asked to contribute an article for our Celebration Run magazine.

We are celebrating our 35th anniversary and as we have had many celebration runs over these 35 years, I really cannot remember all what I have written about in the past. At my age, I also do not want to be accused of being long winded, repeating myself and telling grandmother stories. So, I went down to the book store to see if I can buy a copy of "Writing for Celebration Run Magazines for Dummies". Unfortunately, the latest edition of the book only goes up to the 30th anniversary celebration magazines, so I am still getting nowhere. I thought about it long and hard and I have decided to write about the singing culture within hash.

First, about our own chapter and maybe add a few observations I learned from other chapters. A few of our founding members were very musically talented. Brewer even composed our Seletar H3 club song. The melody is original and the lyric meaningful.

Sadly, not too many of our present day members can remember the lyrics let alone sing the song. When I ran with the London Hash last year, I was asked to sing a song from Seletar and I could only remember the first verse of our Seletar Hash song so I belted it out with pride.

Winnie the Pooh plays a mean guitar so in the early days, he would pick up his guitar and start playing all the hash songs instead of lining up for food after the circle. Guzzler would join in and sing about his "500cc Norton". Boo Ch** Bye likes to perform his "...digging one another..." routine. Others like General, Smoothie, Messy, Salami Mabok knew so many hash songs. We would never get tired singing all night. When it came to our favorite verse such as "...all the cat did was f*ck the monkey back..." everyone would stand up and shout it out at the top of their voice. When Crotch Croft sang a clean song "...Music Man.. and he played the Piano, pi-an pi-an piano...", he was told to sit down.

SELETAR HASH SONG

In Seletar HHH, we have so much fun
In Seletar HHH, we drink more than run
If ever there's a club, mistaken for a pub
Then we surely are the one, we're from Seletar HHH

Bankers we have many
Drunkards we have more
Rapist we have but a few
But wankers most of all

In Seletar HHH, we have so much fun
In Seletar HHH, we drink more than run
If ever there's a club, mistaken for a pub
Then we surely are the one, we're from Seletar HHH

The Bhais come in numbers
And gulp beer by the pinters
The kwailoh, cina and mamas
Always ask for more

In Seletar HHH, we have so much fun
In Seletar HHH, we drink more than run
If ever there's a club, mistaken for a pub
Then we surely are the one, we're from Seletar HHH

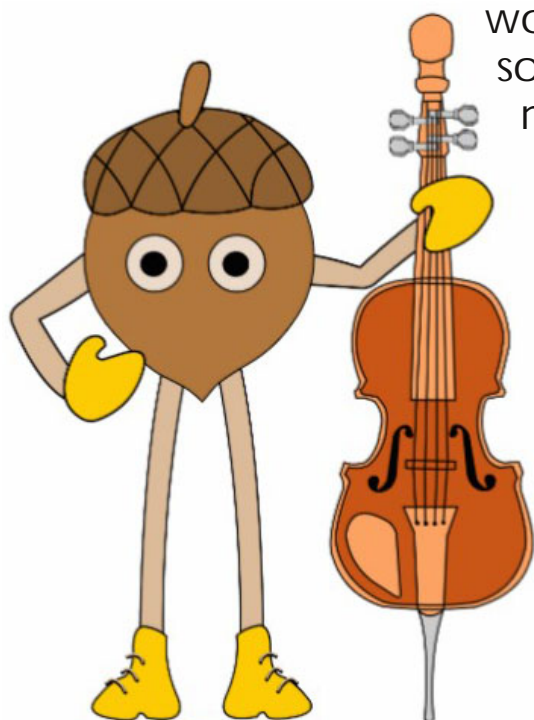
We had a run on the East Coast once and some poor SAF platoon was doing their road march. As they passed us by, we greeted them with " I don't want to join the army, I don't want to go to war...." We all had a good laugh.

We also had our own chinky chong platoon. Wrong Size would perform his cantonese opera songs during our celebration runs all dress up in his elaborate chinese opera costume. And how can anyone forget our very own Opera. He would lead us in singing "lim lim lim, lim liao gor chye lim". Sayeting is another old hand at cantopop songs. One exceptional brilliant singer was How Lian. He mesmerized us with his falsetto during one of our dinner and dance. Unfortunately, he only ran with us for a short while.

In one of our celebration runs, Cinderella constructed a big prick that actually ran on steam, just to accompany his "Engineer Song". The Nakasaki boys comprising of Rainbow and Hurrican put on a fabulous performance during one of the Kwailoh runs. When we went on outstation runs, Ice would lead us on his "Yippy Hi-Heh, Yippy Hi-Ho" song. However, he did it so often, we were booed off the stage finally.

Popeye likes to do his "Singing in the Rain" routine, hoping to coax some unsuspecting Harriet to take off her shirt in the finale.

Nowadays, there are so many variations of the down down song. When I ran with Medan in the late seventies, we can go through 50 down downs with just one simple "Here's to XXX, he's true blue...." In Beijing, the Bard would ask for a note before the down down song and everyone would croak out a throat clearing sound before they sing, all in the name of fun.



The Malaysian chapters can sing all night long with their make shift washtub bass. Singing is definitely part and parcel of the hashing culture and I sincerely hope that this tradition will carry on till thy kingdom come.

ON ON !





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for their 35th Anniversary



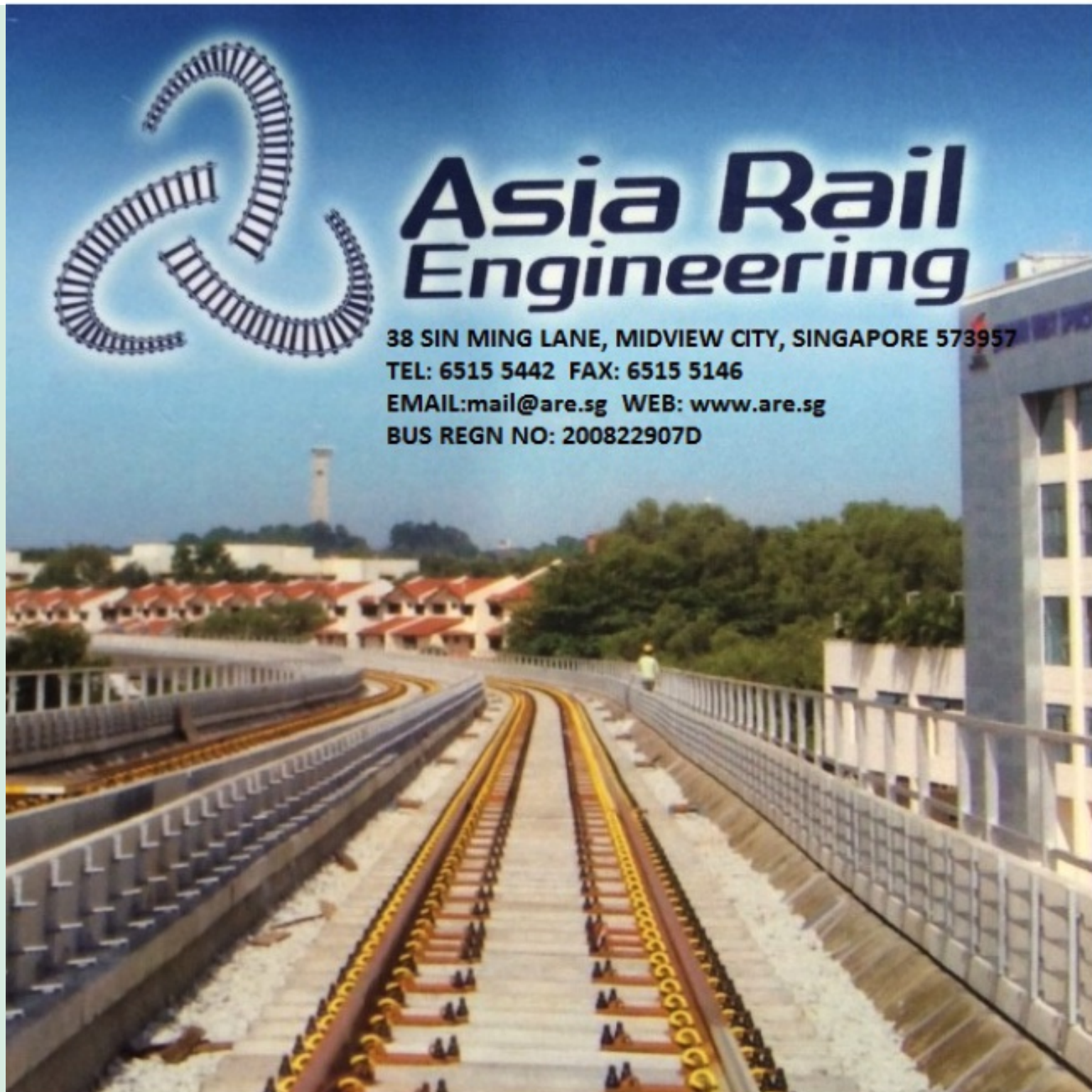
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176 Orchard Rd, #02-20, The Centrepoint, S(238844) Tel : 6235 0116 & Fax : 6235 0226, Operating Hrs : 11am - 9pm

Last year's Dinner & Dance was outstanding as members made an effort to dress up



Saturday 1 November 2014



SUNTEC CITY GUILD HOUSE - Tower 5, 3 Temasek Boulevard # 02-401/402



Like 2014's Halloween Ball, we had themes like "Swinging 60s" and "Culture Vulture". For our 35th anniversary the party theme will be "BORN TO BE WILD", so we can all look forward to a pretty wild night.

Born to be Wild

(SELETAR HHH VERSION)

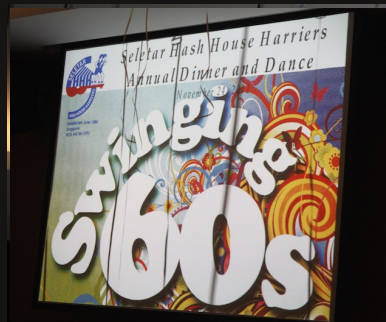
Get yer arsehole going
Head out to the jungle
Looking for adventure
Watch yer feet don't stumble

*Seletar will make it happen
Take you all to a different place
You don't have to be a fit freak
Just a belly with space

Head out to the runsite
Every Tuesday evening
Strolling in the wind
Drinking more than running
(repeat *)

** Like a true nature's child
We were born, born to be wild
We can't climb that high
Otherwise we'll die
Born not to be wild
Born not to be wild

Heading for the Kopitiam
Suku and his buddies
Any beer is OK
Just need to fill their bellies
(repeat * and **)





Wishing our Beloved Seletar Hash House Harriers a Happy 35th Birthday!



From the 3 Pricks and a Cock!

**Kretapi
Muruku Mama
Up Yours
Oily Cock**





CONGRATULATIONS!!

to Seletar Hash House Harriers
on their 35th Anniversary!!

On! On! Keep Running!!!

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In 1981, Acquired Immune Deficiency Syndrome (AIDS) was first recognized as a new disease.

In 1984, Dr. Robert Gallo discovered the human immunodeficiency virus (HIV), which is the virus responsible for HIV infections.

In 1985, the U.S. Food and Drug Administration (FDA) approved the first commercial blood test, ELISA, to quickly screen blood for the disease.

In 1987, Seletar investigative team provided a "Guide to Aids" as a service to all red-blooded Hashers, published in Seletar HHH's 500th Run Celebration magazine.

It has been updated in time for our 35th Anniversary :

Step 1 IDENTIFY THE DISEASE

If you catch it from a cocktail waitress you have BARMAIDS

If you catch it during a wedding it could be BRIDESMAIDS

If caught during holiday it could be from CHAMBERMAIDS

If you get it from a virgin you have FIRST AIDS

If it is spread by cockroaches it is RAIDS

If you are lucky enough to have got it from Bo Derek it is BRAIDS

If you catch it in France it is PAR LE VOUS FRANCAIDS

If you catch it in Holland it is likely from MILKMAIDS

If you are infected by Obama you have PRESIDENTIAL AIDS

If you have touched an infected pair of sunglasses it is SHAIDS

If you get it from a musician it is BAND AIDS

If you catch it at home it is called MAIDS

Step 2 ACTIONS

a) Check your will

b) Get to know TODDY MAMA, HARSHMAN and DRUNKEN MONKEY or any Seletar Lie-yer

c) Do not start reading War & Peace



You want Whiskey?

" 3 Cheers for Seletar 35 years !!! "

I have Whiskey

Cheers !




HAPPY 35TH BIRTHDAY SHHH !



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SELETAR HASH HOUSE HARRIERS

35th Anniversary Celebration

20th to 21st June 2015

Guzzlers invite ALL hashers to
this extraordinary event !

Seletar HHH Turns 35
come June 2015!

That why we have decided to
put together this celebration
and invite ALL hashers to our
sunny shores in Singapore!

Two days of excellent
company, the finest bull shit
and, more importantly, non-
stop flow of our best golden
nectar await you.

For variety, we invite
Hash acts from visiting
chapters & welcome all
participation.

REGISTRATION

Registration fee is S\$50
(RM 100.- for MY Chapters)

Venue: The splendid
Rain Forest Sports Hub,
Turf City

Yes, no expense is spared
in getting this wonderful
location.

PROGRAM

Saturday, 20th June 2015

13-1400 hrs	Registration
14-1600 hrs	Light finger food
1600 hrs	Long run starts (Bus out)
1700 hrs	Medium run starts
1730 hrs	Short run starts
18-1900 hrs	Light finger food
1900 hrs	Circle begins
2000 hrs	Dinner is served
2100 hrs	Born to be Wild Entertainment - Hash Acts & Boat Race etc.
2300 till late	Supper & more drinks till last visitor falls over, or leaves

Sunday, 21st June 2005

(Bring your Kids !)

0900 hrs	Family Day Registration
0930 hrs	Breakfast LOCAL DELIGHTS
1000 hrs	Kids Run
1030 hrs	Go KART Race & games
1200 hrs	Brunch and more Games
1600 hrs	Thank You & Good Bye see you at the 40th in 2020.

CONTACTS:

Website :

Slave Master : +65 96191467

Inter Hash : +65-9387-0445

Grandmaster : +65 9757 8665

35th Hash Cash : +65 98268110

<http://seletar.hash.org.sg/35>

leonlui@singnet.com.sg

popeye834@gmail.com

horntrich@alatas.com.sg

changcw@gmail.com

Once you sell your soul
to a KWAILOH,
you'll never get it back*

ON ON to 35 more years of Seletar Hash
House Harriers...

...under KWAILOH rule!



*Popular saying in Seletar kampung



**HAPPY
BIRTHDAY**

" Long live SELETAR and Turtles !!! "

Drink
Chicken
Soup



This message has been sponsored by  and " TURTLE SOUP "



HASH COMMANDMENTS

1. Thou shalt have no other Hash before the Seletar HHH, for it is sacred and held in much reverence.

2. Honour thy Grand Master and thy Joint Masters and thy days may be prolonged and that it may go with thee.

3. Thou shalt keep Tuesday a Hash day as the Joint Masters have commanded thee, six days shalt thou labour and on the seventh thou shalt Hash.

4. Beest thou hare, thou shalt cast thy paper freely on the ground, that they who follow may not be led astray and that thy path through the wilderness be clear to the eve of the beholder, for they who wander in the wilderness of the valley of darkness shalt hunger and thirst exceedingly and no men shalt be safe from their wrath.

5. Thou shalt lay thy paper in the wilderness and not in the cultivated lands flowing with milk and honey and bearing the fruits of the soil and of the labour of men, for verily their wrath shall know no bounds and their vengeance will descend upon the innocent as upon the guilty.

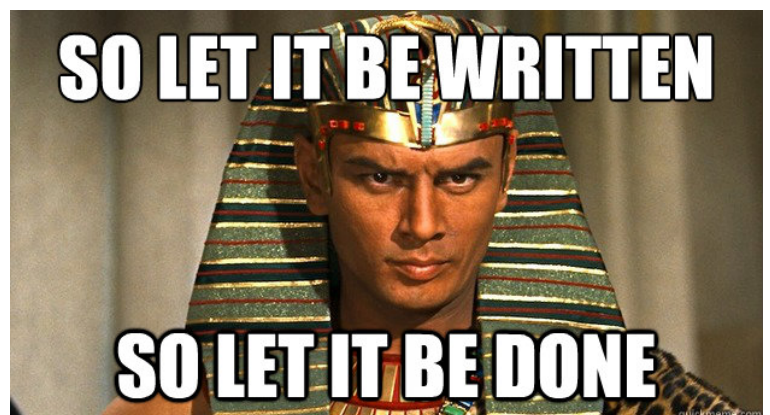
6. Thou shalt not bear false witness against thy fellow hasher, nor cry "checking" when thou hast already found paper, for many of thy brothers knoweth not the path and are like lost children.

7. Thou shall not accept conveyance on any chariot but shalt cover the ground by thy own exertions, for thus beest the law.

8. Thou shall not covet thy fellow Hasher' wife (lest thou be caught), nor his Tiger (or Anchor), his trail, nor his manservant, nor his amah, nor his ass, nor anything which is thy neighbours.

9. He that holdeth the Hashit, and who has invoked much scorn, so shall he convey the Hashit unto the place of congregation each week, so that it may watch over all who hash.

10. And let it be written, that when thy brothers have taken sustenance, and be they still sore distressed, arid shall cry "Ashit Fodairs, Ashit Fodairs", then shall the hashit be awarded at the whim of the members present, determined by voice vote interpreted by Grand Master, Joint Masters or in their Absence, by any Hash Official. the Hashmen thus awarded shall argue, shall protest, shall squirm to the span of their ability, but shall accept the iudgement of their peers in good grace. So beest the law.



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Happy B'day SELETAR

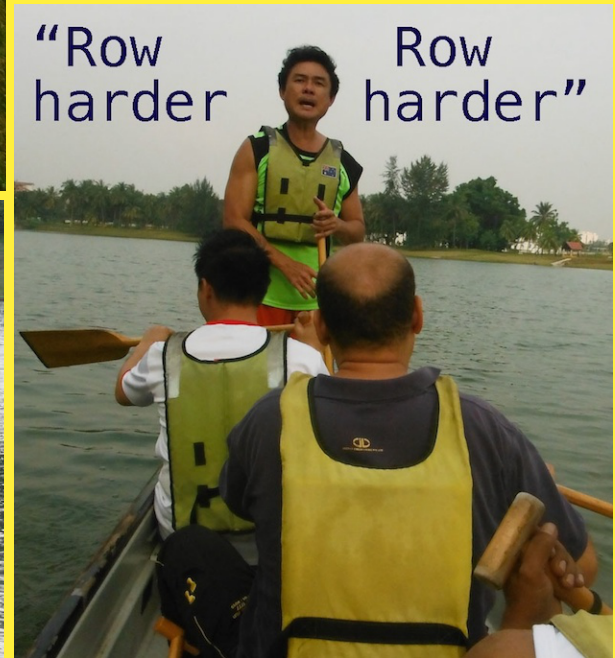
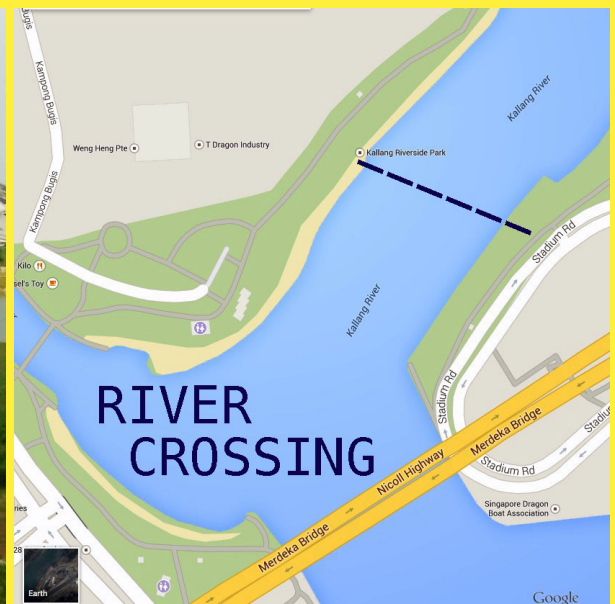
Hi! I'm the
HASH FLASHER



HOME UNITED DARTERS @ AUPE

FUN RUN OF THE YEAR 2014

On 30 September 2014, HORNBILL and OILY COCK set a FUNtastic BOAT-OUT, PUB CRAWL run that won the FRTY 2014 award.



From Kallang Riverside Park, close to 40 of us crossed Kallang Basin with Dragon Boats arranged by MINI ME.

From the beachhead, it was a long walk to the first pub via Nicoll Highway and Marina Promenade.

T-Checks were broken by FRBs, except for the one at Benjamin Sheares Bridge. Hence, time was wasted at this detour before those at the back could get their hands on their first ice cold mug of beer.



**T-Check at Benjamin Sheares ...
turn back and head to SUNTEC**



A man with short dark hair, smiling, wearing a pink button-down shirt. He is holding a large glass of beer with a thick head of foam. The glass has a label that reads 'TOTTENHAM EXPORT' and features a crest. He is also wearing a black and gold sash with a crest. The background is a wall with a blue and white checkered pattern.



The
pushers
were
KRETAPI
and INGO.



PUB 2 : 'ONE FOR THE ROAD' at 20 Bali Lane and the bartender here was ANNABELLE. However, we all wanted 'Pinky' to serve us.



PUB 3 was The Poseidon Tavern @ 14 Jalan Klapa.

It was manned by one hare OILY COCK. The other hare, HORNBILL, had to remain at the run site to entertain the Kopi Tiam gang.

Fortunately, this was the last stop or we would overturn, like the ' Poseidon Adventure '. Here we were given souvenir T-Shirts. Everyone was in a good mood and wanted to stay on ... drinking and laughing.





With reluctance, we left Poseidon and headed back for the Circle & Makan.

Talk About the Run



ON ON TO MAKAN



AN OKTOBERFEST FEAST



An entertaining adventure, which left fond memories for all the fortunate participants...ENCORE !



Congratulations!

HAPPY
35TH
B'DAY



Derrick Ang
aka AQUA



KEEP
CALM
AND
LIE
LOW



**with
Seletar @
the 35th
Anniversary**

ALL DEM GOOD OL' DAYS

Looking back to Run No 1, I must say that, not even if we had stretched our imagination to the fullest then, could we envisage that this day would arrive. But it has. hallelujah!!! And we celebrate in the unique Seletar. spirit and camaraderie that has been nurtured o'er the years.

Going back to our humble beginnings, one recalls the weekly gathering of 20 to 25 hashers, all locals initially, that religiously gathered every Tuesday in various parts of the island. There was obviously more running area then. Urban redevelopment has taken up much of our early run sites in Jurong, Woodlands, Ang Mo Kio, Marsiling etc. Car park requirements were modest then, as motorbikes and scooters were quite the order of the day. As a warm-up, a football would be kicked around, sepak-takraw style. Once On! On! was called (hash horn and all), off the eager beaver hashers would go. While the FRBs raced ahead, SCBs had little incentive to rush back as there was no beer wagon to run back to ! The small numbers could not justify one. So Hash Brew ([Avgas](#) being the first in Seletar HHH) would personally bring beer, softies and ice to the run site in his car every week. It was only in the third year of the Hash, that we had the luxury of a beer wagon on site, courtesy of [Brewer](#) Chew.

After the run, there would be the usual announcements, followed by on-site makan. No ice ... that came later. But, in place of the whippings, there was singing. Lots of it. And because we were a small group, everybody got involved and sang Hash songs galore. On Ons carried on late into the night with no worries of breathalyser tests in those days.

Come 1982, we were ready for our first InterHash. The venue was Jakarta and the hosts did a splendid job.

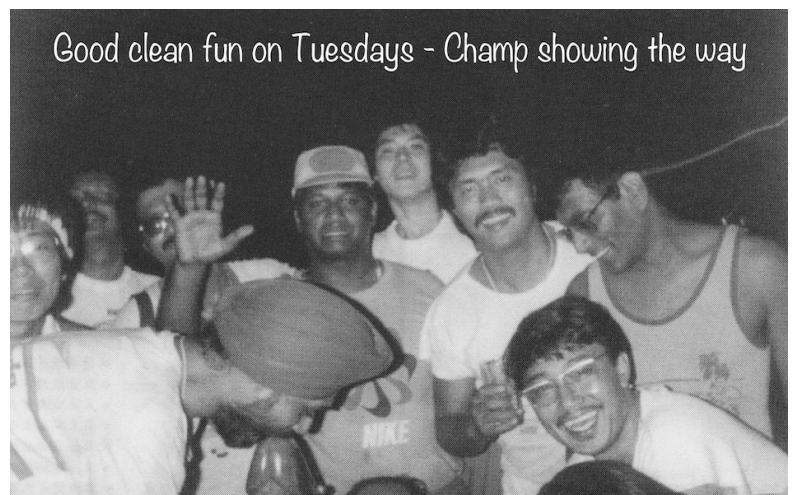
To top a most enjoyable weekend of running, drinking and meeting new hashers from all over the world, Champ won the coveted beer drinking competition to put us on the world hash map.

It was a no mean feat either.

He had to beat some pretty mean-looking, heavyweight beer hulks from around the globe. But win he did, and that was how [Champ](#) got his name and how this hash got to be known as the Seletar Guzzlers.

On returning home and with renewed vigour, more hash activities were organised, Stu '[Ice](#)' Davis introduced the dawn of the Ice Age.

As the Whip made his presence felt, the bottom line was that everybody thought frozen bums was a healthy new diversion.



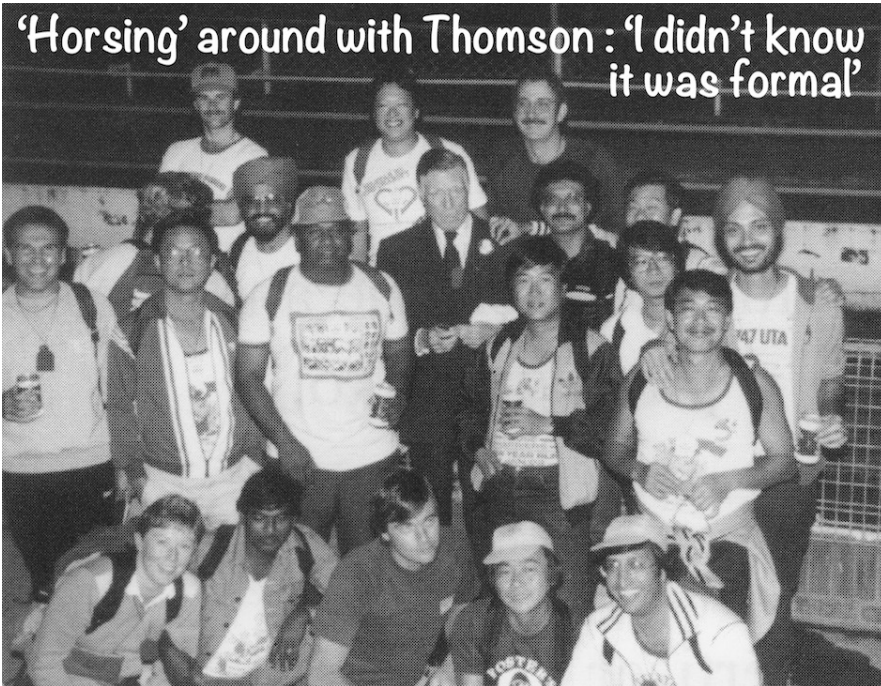
ALL DEM GOOD OL' DAYS (continued)

Round-the-island charity runs, PJ - Sg Ujong - Seletar Triangular runs, Family runs became familiar events in the hash calendar. One of the memorable runs in the later years was the Singapore to Malacca road relay, organised by [Sayeting](#). It was the first outstation relay run and there was a sense of accomplishment when we completed it.



The relay run ended at a Malacca bungalow.

'Horsing' around with Thomson : 'I didn't know it was formal'



In 1984, a sizeable contingent from Seletar arrived in Sydney for the InterHash. Despite the distractions of King's Cross (walking distance from our hotel), we all made it to the runs and On Ons. One of the 'high' points of this event was meeting one of the founding members of the original hash, a Mr. Frederick 'Horse' Thomson, who was sponsored there by the organisers.

The return trip was

memorable as it was spiced with aircraft emergencies, free night's stay in Sydney, diversions to Bangkok, untransferred luggage etc, etc.

So we come to the present. Enthusiasm ran high in the pioneering days. The Seletar Hash spirit could be felt in the togetherness we shared, and a sense of male bonding that grew over the years. Today, this spirit is still very much alive, and as Singapore as a nation ages, so too will Seletar Hash; we should always treasure this special camaraderie that we share.



[Winnie the Pooh](#) (Reproduced from our 1,000th run magazine)



Wishes Seletar Hash House Harriers another 35 years of hashing

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HHH

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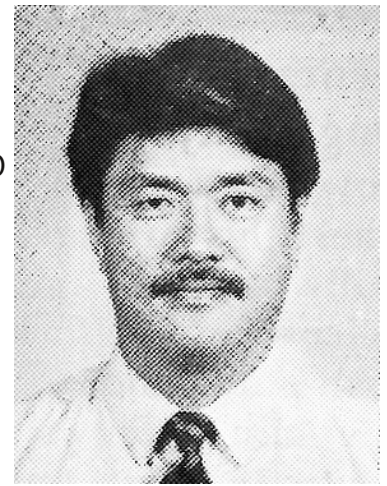
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HASHING IN THE EARLY DAYS

When I joined the Seletar Hash in 1980, the group was small. There were very few rules. None of this "The Whip is always right " crap. We did not even have a whip then. We adjourned to the Seletar Officers Mess after the runs because of the cheap beer. Driving under the influence of alcohol was not a concern. Luckily for us, the mess closes at 11 pm. Unlucky for us, we discovered Soup Tulang in the Adam Road hawker center, so we ended up there many a nights till 2am.



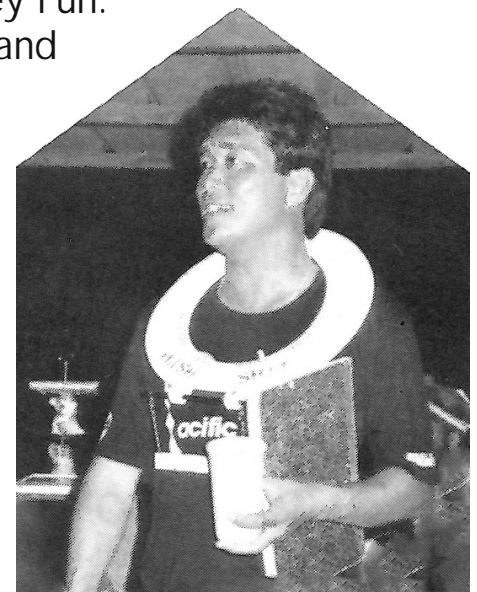
Singing was a big part of hashing. Seletar Hash had its own anthem, and the guitar was incorporated into our logo.

Over the years, rules and tradition were constantly being introduced. Drinking and driving became a taboo. The Whip is always supposed to be right. The hares are discouraged from following the pack on the run. Icing and water baths become every run affairs. A beer wagon instead of the Seletar Officers Mess provides the drinks. Setting runs with chalk and flour instead of shredded paper is encouraged. Once a month eat-outs are enjoyed by many. Wearing new shoes entitles you to drink out of the shoes after the run. And the list goes on.....

Week after week, hashmen come to our runs, thinking that our hash is organized like clockwork. They think that the hardworking and conscientious hares would have done the recce a zillion times, mapped out the routes, marked down the most ingenious checks and come up with the most original idea for a beer stop. Bus, lorry or MRT runs are well coordinated. When the run started, the Front Running Bastards would hold the checks, the Hash Horn would bridge the checks, everyone would do their part in spreading out and check and everyone would be calling on-on as they run. The first runner would come in at about 59 minutes and the last runner would come in at about 61 minutes.

WRONG !!! ... There were also a lot of cock ups on the runs, and I shall share some of these bloopers with you.

Hares, [I chibawasan](#) and [Lie Low](#) were setting a run at the Pierce Reservoir when they ran into a cobra, five minutes into the trail. They were so shaken up, that they decided not to continue. When we showed up for the run, we were treated to a five-minute run.



[Winnie the Pooh](#) is supposed to like honey, but on a run in Sembawang, he was stung by bees and had to be treated at a nearby A&E.

Claude Ricca used to come to the run in a chauffeured vehicle. After he was put on ice too many times for that, he decided to come in a taxi and thus he earned his hash name [Taxi](#). At 10 pm one Tuesday night on the way home after a run, [Two Balls](#) met [Taxi](#) on the streets looking for the run site, after being dropped off at the wrong place by his taxi.

[Boo CB](#) had a brilliant idea. He wanted to screw the whole hash, so he set a run that led the pack to the middle of a swamp after about 45 minutes. There, he placed a sign that said: "I am lost, so find your own way back to the run site." Back at the on-site, there were irate hashmen who proposed that the run should be declared as a non-event, ie. no run.

Before the run, as a warm up exercise, we used to kick a football around. On one of those times, the ball landed on the roof of a shed! Being small & light, [Shortie Roo](#) volunteered to retrieve the ball. Even his lightweight was too much for the roof. He fell through and required brain surgery to save his life.

[Champ](#) tried to take a short cut by wading through the finger of a reservoir once. The reservoir was deeper than he thought, and he had to be rescued by a US Marine running on the same run.

In a charity relay to Malacca, the runner on the last leg was [Adyz](#). Because of the Malaysian National Day parade, the town center was blocked off from traffic, so a few hashmen were tasked to wait at a coffee shop next to the main road to intercept and inform [Adyz](#) of the change in plans. Problem was, [Adyz](#) was running so fast, that no one could catch him when he whizzed past the coffee shop. He ended up in the Malacca town centre, as part of the parade.

Our ice basin used to be placed on a high tech, composite chair that someone stole from a construction work site guard post. It was quite a sight when [Avgas](#) was iced and all that high tech could not save the chair from snapping under his weight.

During one of those runs set around Pierce reservoir, a whole pack of hashmen were not back even after the circle. Luckily, there were some SAF soldiers training in the area and they went into the jungle to lead the lost pack back to civilization as we were having our eat-out at Casuarina Drive.

In the old days, [Ah Meng](#) was the designated "On on on to the makan" announcer. On one run, the hares had a cock up and only finger food was provided !
These were just some of my experiences. To continue the list will take pages.





M RAMA LAW CORPORATION

M Rama Law Corporation was incorporated in 20 May 2006. Prior to its incorporation, M Rama was a Senior Partner with Messrs William Chai & Rama from 1992 to 2006 where he specialized in Litigation; primarily in Insurance Law. Over the years, M Rama Law Corporation has grown in strength and now we represent institutional, corporate and individual clients in all areas of the law. In the

Insurance Industry, M Rama Law Corporation has an established respectful relationship with numerous Insurance Companies.

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HASH GOSPEL updated according to Prof Bill 'Babyface' Gartshore

Blue Coral

The name of an indigenous venomous snake, but now more commonly used to describe a particularly bad or overlong* run e.g. "it was a right blue coral". And there were two. The origin of this new meaning is lost in the mists of MacRitchie forest and its author, Cinderella, has now relocated to Pulau Ubin.

* = About three hours without a torchlight.

Bus Run

Term used to describe an unimaginative run, usually adopted by hares that are incapable of laying a trail which starts and ends at the same place - with an interesting and good length run in between.

Calling

Something you do when on or off-paper (lost). Sometimes, after repeated screams of "ARE YOU?", if you listen very carefully, a faint whisper of " ON-ON " can occasionally be heard in reply. Nowadays, it is understood that being a front-runner absolves one of any need to call or reply to one.

Check

Time to stop for a breather, chit-chat, selfie photos etc. Alas, some members still interpret this as a sign to rush around trying to relocate the trail - although this is fast disappearing on Seletar Hash.

Down Down

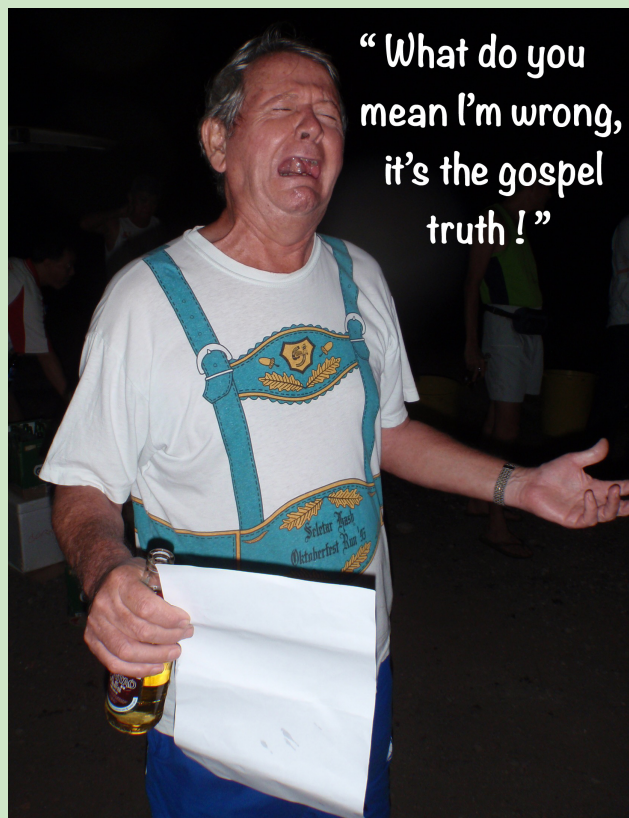
A ritual designed to reward a member for a special or notable performance such as ultra short cutting or changing in full view of the fairer sex or buying a new car etc., etc. The ritual is the rapid consumption of a mug of beer although on very special occasions a larger volume piss-pot is used and often performed whilst seated on a block of ice – hence the tendency to perform the ritual at breakneck speed. For advice and training see Champ.

False Trail

The SCB's best friend. So satisfying to hang around and wait for the FRB's returning from some dead end, puffing and sweating...and swearing.

FRB

Term for younger, less experienced members, meaning `Foolish, Raw Beginners' due to their inability to find short cuts and to hold checks / tendency to get screwed by false trails (see above False Trails). They are usually last to arrive back at the run site and so miss out on some beer. Despite their obvious short-comings, many are befriended by SCB's and some even learn, eventually graduate to the elevated level of SCB themselves.



‘HashHush’

When the number of hashmen gabbling away at the Circle after a run dwindles to a mere 50%, generally when under threat from the Hash Whip at the Circle announcements.

Holding a check

No, not delaying payment in U.S. currency - this is an ancient custom whereby front-runners would patiently wait at a check for a spread out pack of back-runners to catch up. Is it common nowadays? When did you last see a Dodo ?

‘Last Beers’

A chilling, dread cry made sometimes mockingly by a cruel Hash Brew advising depletion of the wagon's stock... And a cue to discuss on-on plans.

LOA

Loophole Obliging Absenteeism. A kind of limbo-land state of membership: not being absent from Singapore per se, not an ex-member yet able to participate now and then – and I should know.

On-On

Useful word due to wide variety of meanings. Eg. - a call by JM to start a run, denoting paper found after a check, term for venue after wagon depleted of beer (sometimes called on-on-on and on occasions on-on-on-on... and so on).

Recce

Another fast diminishing habit which is also closely related to the hash shit award in that; the number of recces are in inverse proportion to the likelihood of achieving the coveted award.

SCB

Term used to refer to the wiser, more experienced hasher meaning in full ' Sensible, Clever Bloke/Bastard ' due to innate navigational skills, knowledge of terrain and a generally superior intelligence

Wagon

AKA Beer Wagon. A type of mobile magnet vehicle and much revered holy place. In ancient times the Seletar Hash Wagon would be at the runsite before on-on at 6 p.m. but nowadays it trundles in at about 7 p.m. just to ensure that there is beer left for the pack when it returns around 7:15 p.m.

Whip

A man of great charm, immense wisdom. A veritable Solomon who dishes out punishment for only the most serious crimes, when there really is no alternative...and when killing time waiting for the makan to arrive.

Congratulations



*On the occasion of
your 35th Birthday*

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All the best
from MICRO &
family for SHHH's
35th B'day



Seletar Hash is on the piss again ...



On the piss agian, On the piss again ...



Best wishes



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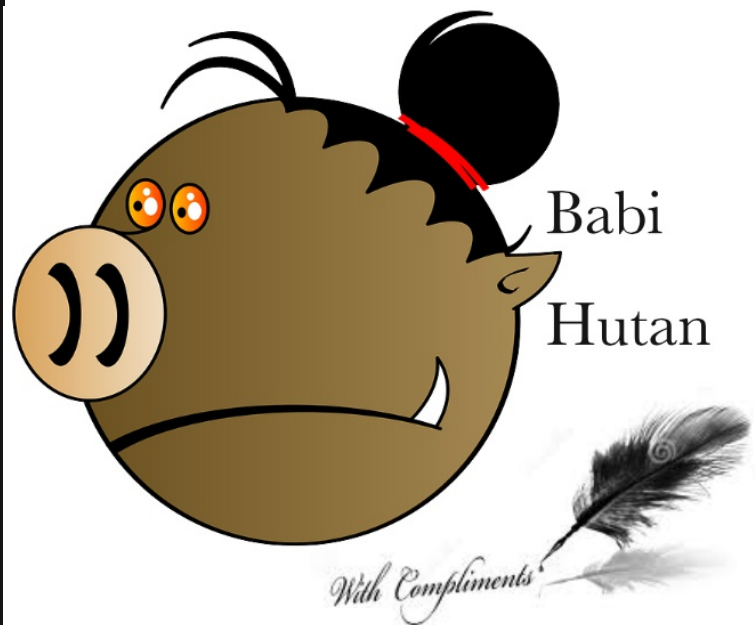
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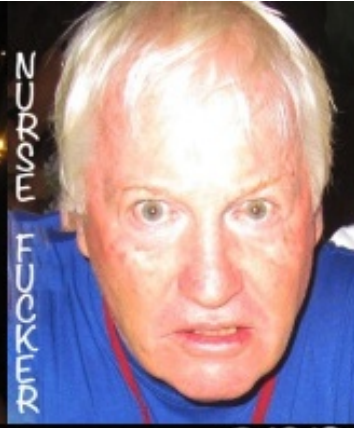
We want to wee-wee now !!!



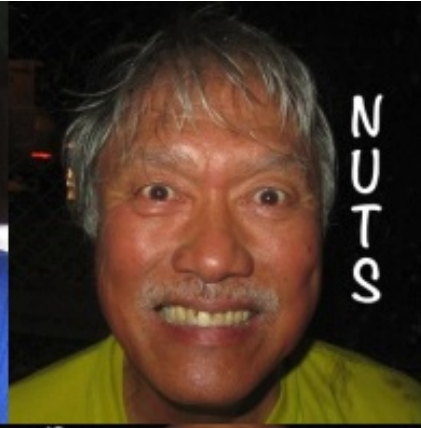
NICK JENSON



NIGHTMARE



NURSE FUCKER



NUTS



OILY COCK



OLD PUSSY



OPP



PALE RIDER



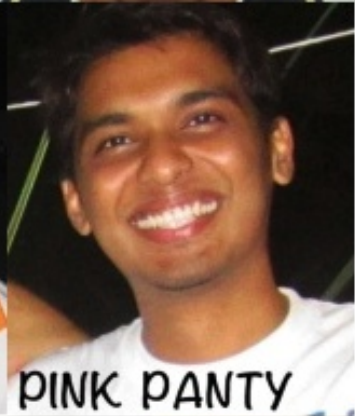
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PERUT BESAR



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PINK PUSSY



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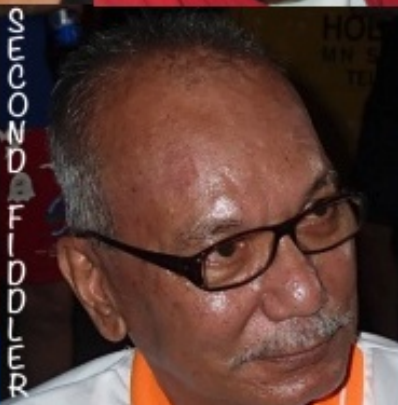
PRESS OOZE



PRIME PRICK



PUTIN PUSSY



SECOND FOLLOWER



SUEDA



SHADES

PUZZLE ANSWERS

(from page 19)

WHEN IS SHHH's FUNCTION

BAMBOO : " I dunno
when, but 100% sure
FLOWER also dunno "

BAMBOO told June or
August. If Flower told
22 (July) or 12 (Sep),
he would know

FLOWER : " At first I
dunno, but now I
know "

FLOWER told 3, 16
(Jun) or 19 (Aug). If he
was given 25 can be
Jun or Aug

BAMBOO : " Then I
also know "

BAMBOO must have
been told August as if
told June, could be
either 3 or 16
AUG 19

HASH CROSSWORD

ACROSS

- 4. CPF
- 6. COOLIE
- 10. WINNIE
- 11. WHIP
- 12. CIRCLE
- 13. RELIGIOUS
ADVISOR

DOWN

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- 2. ICE
- 3. HORN
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- 7. WILD
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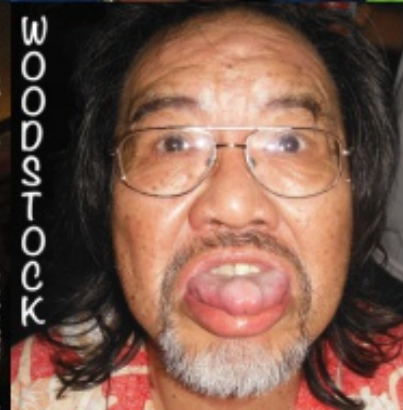
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We want to wee wee now (X 2) ...



Seletar Hash is on the piss again ...
We want
to wee
wee now



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you remain Seletar for LIFE !

Congratulations to
SELETAR for reaching 35 !

FLUTER



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He and Chairman NUTS sponsored the Anniversary T-Shirt and goodie bag items.

DOC CHERIAN arranged and paid for the ambulance services.



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* FATSO FER * P J HAZARDS
* FIRST BLOOD * PREACHER
* GENERAL * PUTIN PUSSY
* GOLDFINGER * POPEYE
* HASH FLASHER * PYRO

* AQUA * KARATE KID * 2ND FIDDLER
* ANNABELLE * KICHIBHAI * SERGEANT BILKO
* ANWAR ASSHOLE BANDIT * LA KOPI * SHOELESS
* AUTOCOCK * LAU SAI * LINGAM * SO SO
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